

Welcome to the 2013 Coordinated School Health Summit



“All in for Health & Academic Success”!

Coordinated School Health Unbridled Talks

“All in for Health & Academic Success”!



Kentucky Public Health
Prevent. Promote. Protect.



**KENTUCKY
SHAPE**
COORDINATED SCHOOL HEALTH

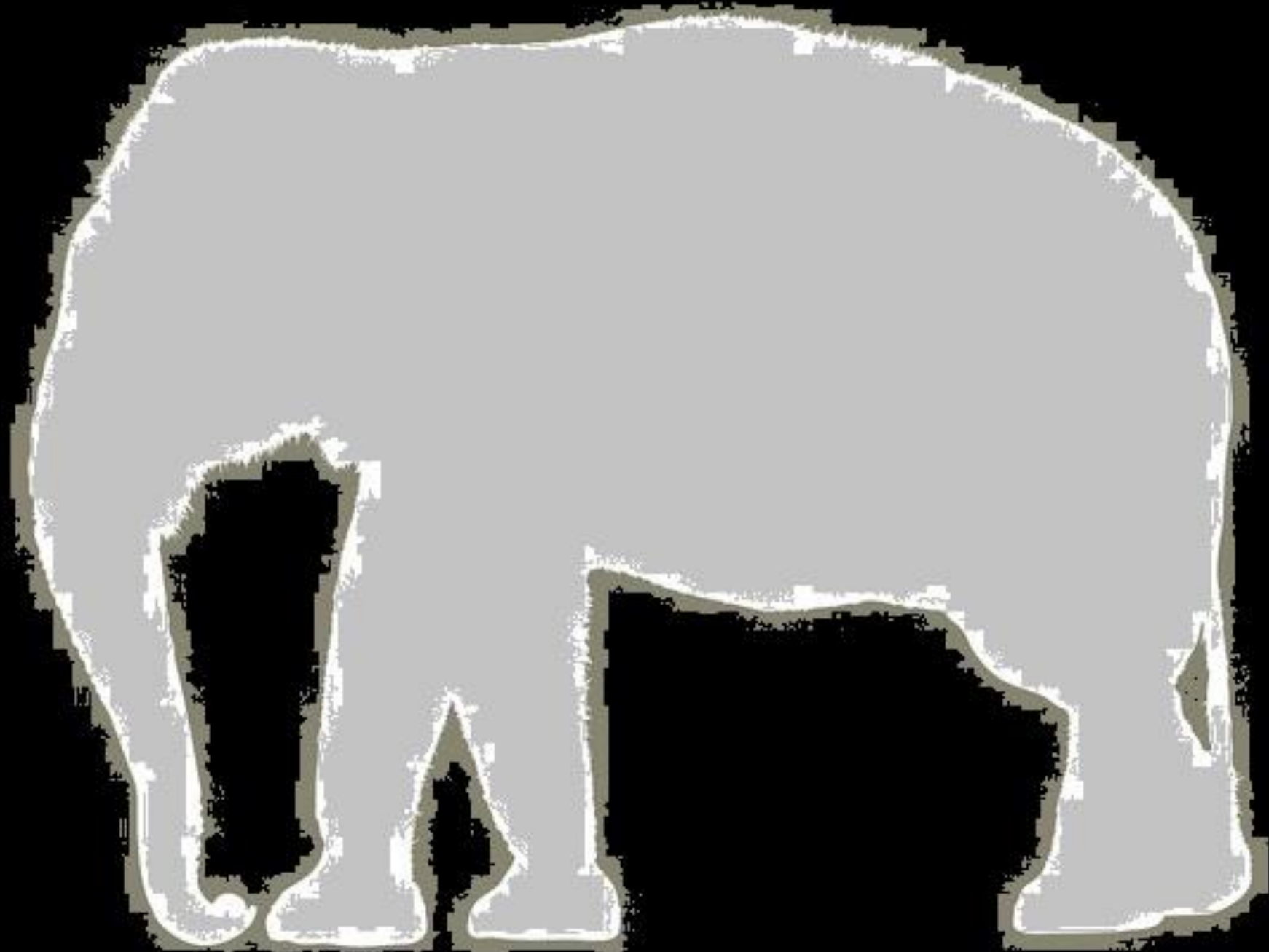


All in for Health and Academic Success!

Physical Education & Physical Activity

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Kentucky Association for Health, PE,
Recreation & Dance Member;
Kentucky Department of Education
Coordinated School Health



Quality P.E.

PHYSICALLY LITERATE INDIVIDUALS

KNOWLEDGE

SKILLS

+ CONFIDENCE

= Lifetime of healthful
physical activity



What is the Issue?







Does Kentucky...	YES	NO
Does KY mandate elementary school physical education		X
Does KY mandate middle school/junior high school physical education		X
Does KY mandate high school physical education	X	
Does KY have its own physical education standards	X	
Does KY require student assessment in physical education		X
Does KY provide funding for professional development for PE teachers		X
Has KY adopted a policy stating that each district will have someone to oversee or coordinate physical education		X

Source: *Shape of the Nation Report: Status of Physical Education in the USA* (2012). National Association for Sport and Physical Education.





THIS WAY!

The Road to a Lifetime of Physical Activity

ELEMENTARY SCHOOL

Foundational skills,
knowledge & values

MIDDLE SCHOOL

Application of skills,
knowledge & values

HIGH SCHOOL

Lifetime-activities skills,
knowledge & values

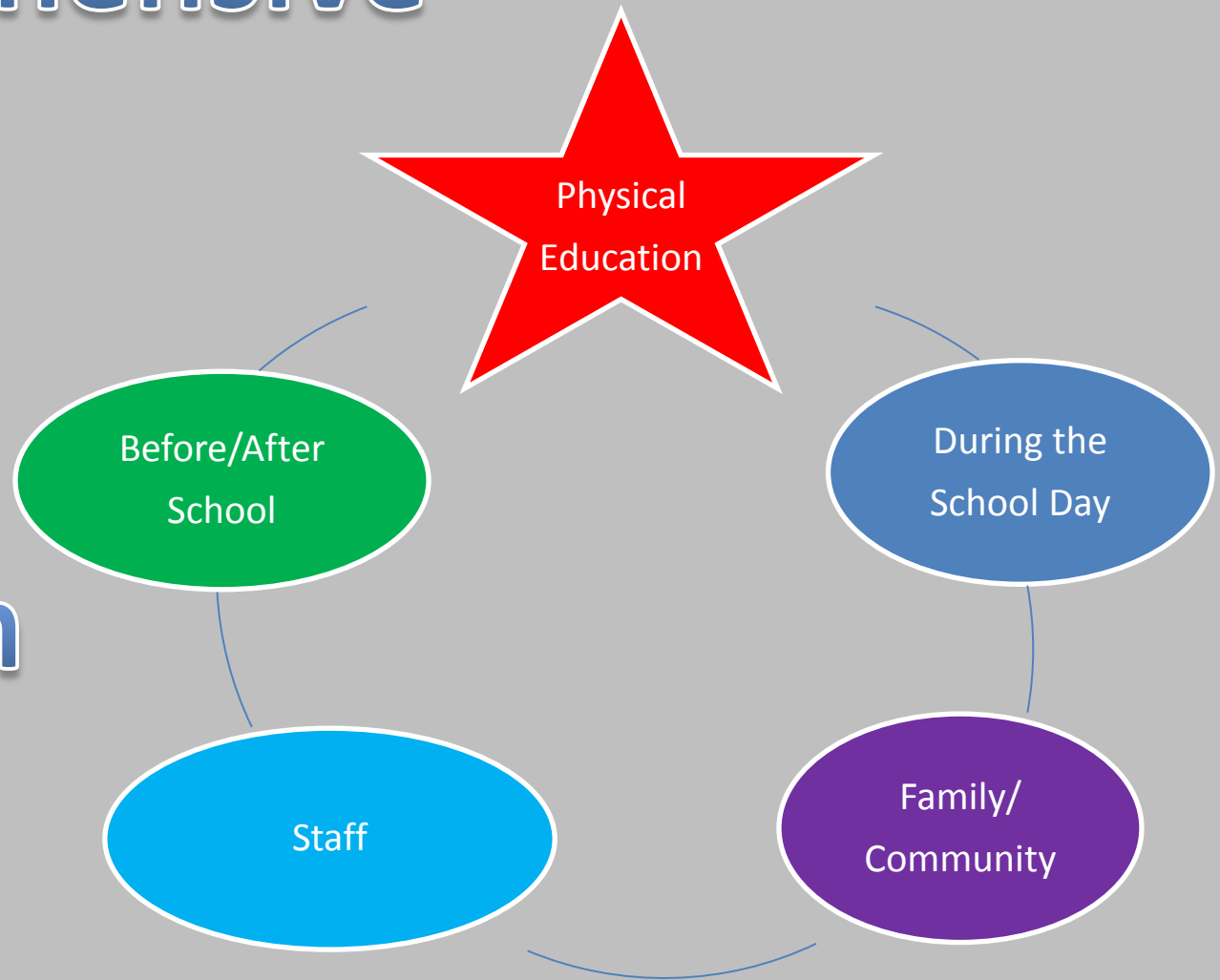
COLLEGE/CAREER- READY

Physically active lifestyle



WHAT IS YOUR ROLE?

Comprehensive School Physical Activity Program





Active Schools

Physical Activity Leader (P.A.L.)



childobesity180





Unbridled Talk -
Physical Education & Physical Activity

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#KYPAL